

DR. ADAM ANZ



NAME: _____

AGE: _____ **DATE OF BIRTH:** _____

OCCUPATION/JOB: _____

DID ANOTHER DR REFER YOU TO US/HOW DID YOU HEAR ABOUT US: _____

HEIGHT: _____ **WEIGHT:** _____

WHERE IS YOUR PROBLEM: (Please Circle)

HIP KNEE OTHER

WHICH SIDE:

LEFT RIGHT BOTH

WHAT PROBLEMS ARE YOU HAVING:

PAIN SWELLING
POPPING STIFFNESS
GIVING AWAY INSTABILITY
WEAKNESS NUMBNESS
CATCHING OTHER

HOW DID YOU INJURE YOURSELF:

NO INJURY—IT JUST STARTED HURTING

SPORTS (WHICH SPORTS): _____

MOTOR VEHICLE ACCIDENT: YES NO

WORKMANS COMP CLAIM: YES NO

WHAT IS THE DATE OF INJURY/ONSET: _____

HOW LONG HAVE YOU HAD SYMPTOMS:

__DAYS __MONTHS __YEARS

BRIEFLY DESCRIBE THE INJURY OR PAIN: _____

DIAGNOSIS (IF YOU WERE GIVEN ONE): _____

PREVIOUS TREATMENT: (INJECTIONS, PT, BRACING)

PREVIOUS SURGERY: _____

HOW SEVERE IS THE PAIN: (0=NONE, 10=WORST)

AT REST: 0 1 2 3 4 5 6 7 8 9 10

AT WORST: 0 1 2 3 4 5 6 7 8 9 10

DO YOU HAVE PAIN AT NIGHT: YES NO

DOES IT WAKE YOU FROM SLEEP: YES NO

ARE YOU CURRENTLY WORKING:

YES NO NORMAL LIMITED RETIRED

WHAT MAKES YOUR PAIN BETTER: _____

WHAT MAKES IT WORSE: _____

DESCRIBE YOUR CURRENT LIMITATIONS: _____

HAVE YOU HAD: XRAYS MRI CT SCAN

INTERESTED IN SURGERY IF OFFERED: YES NO

DO YOU DRINK ALCOHOL: YES NO

IF YES, HOW OFTEN: _____

DO YOU SMOKE: YES NO

IF YES, HOW MUCH: _____

DO YOU USE SMOKELESS TOBACCO: YES NO

HAVE EVER USED ILLICIT DRUGS: YES NO

DO YOU HAVE ANY ALLERGIES TO MEDICATIONS:

DO ANY MEDICAL CONDITIONS RUN IN YOUR FAMILY: _____

MEDICATIONS (Please list all that you are taking): _____

PAST MEDICAL HISTORY: (Please Circle)

- | | | | |
|----------------------|---------------------|-----------------------------|----------------------|
| Anemia | Gastric Ulcer | High Cholesterol | Psychiatric Illness |
| Arthritis | Glaucoma | Immune Deficiency | Pulmonary Embolism |
| Arrhythmia | Gout | Liver Disease | Reflux |
| Asthma | Heart Attach | Kidney Disease | Skin Ulcer |
| Cancer | Heart Failure | MRSA | Steroid Use |
| Chest Pain | Heart Murmur | Neuropathy | Stroke |
| Deep Vein Thrombosis | Hepatitis | Paralysis | Thyroid Disease |
| Diabetes | High Blood Pressure | Peripheral Vascular Disease | Tuberculosis |
| Gall Bladder Disease | HIV/AIDS | Pneumonia | Wound Healing Issues |
- Other: _____

REVIEW OF SYSTEMS

1. GENERAL None Recent weight change Chills Fever Weakness/Fatigue
 Other: _____
2. EYES None Vision change Glasses/Contacts Cataracts Glaucoma
 Other: _____
3. EARS, NOSE, THROAT None Loss of hearing Ear ache or infection Ringing in ear Hoarseness
 Other: _____
4. CARDIOVASCULAR None Chest Pain Swelling in legs Shortness of breath Palpitations
 Other: _____
5. RESPIRATORY None Shortness of breath Wheezing/Asthma Frequent Cough
 Other: _____
6. GASTROINTESTINAL None Heartburn Acid reflux Nausea or vomiting Abdominal pain
 Other: _____
7. MUSCULOSKELETAL None Arthritis/Joint stiffness Muscle aches Swelling of joints
 Other: _____
8. SKIN None Rash Ulcers Abnormal scars Sores
 Other: _____
9. NEUROLOGICAL None Headaches Fainting/blackouts Dizziness
 Numbness, tingling, loss of sensation in any part of body
 Other: _____
10. PSYCHIATRIC None Depression Nervousness Anxiety Mood Swings
 Other: _____
11. ENDOCRINE None Excessive thirst or hunger Hot/cold intolerance Hot flashes
 Other: _____
12. HEMATOLOGICAL None Easy bruising Easy bleeding Anemia
 Other: _____